

# TRANSITION TO HIGH SCHOOL GROUP

5 Week Program

\$40/class  
per child

Maximum of 5 students  
in each group

Tuesdays 4:00pm

15/11/2021- 13/12/2021

Give your children the  
tools and strategies they  
need to start highschool  
with confidence

Limited availabilities  
due to Covid-19  
density limits

Claimable through NDIS and  
Private Health Insurance

## Areas of Focus

- Friendship Skills
- Managing Anxiety
- Building Resilience
- Organisational Skills
- Planning Operations
- Executive Functioning
- Social Communication and Social Behaviours
  - Study Skills
- Building Confidence and Self Esteem
  - Project Skills
- Technology Skills and Support
- Regulating Adolescent Emotions
- High School Expectations
  - Managing Expectations
  - Managing Stress

SCAN THE  
QR CODE TO  
BOOK NOW!!



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PLACE TODAY!

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